

# August

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Group Fitness	6:00am							
	9:00am							
	9:30am	9:30am 10:00am						
	10:30am							
	10:45am					10:45am		
	12:10pm					11:40am 12:35pm		
	5:30pm				5.30pm 6.00pm			
	6:30pm							
	7:30pm							
	RPM	6:00am						
9:30am								
6:00pm								
Aqua	8:45am							
	9:30am							
	6:30pm							